

COMPASS Board members include:

Greg Godard, President
Rebecca Stapleton, Vice President
Mary Katherine Rowe, Secretary/
Treasurer
Andrew Delonno, Board Member
Mary Marlin, Board Member
Vacant, Board Member

COMPASS

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**Contact any AAA staff member
to discuss how COMPASS or the
AAA may assist you and your
family.**

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**Center on Maintaining Preferred
Aging Services & Solutions
COMPASS**



COMPASS works in conjunction with the Area Agency on Aging (AAA), a service of the Upper Coastal Plain Council of Governments, to plan and administer a variety of federal, state and local programs and services. The counties served include, but are not limited to, Edgecombe, Halifax, Nash, Northampton and Wilson.

At The Center on Maintaining Preferred Aging Services and Solutions (COMPASS), our purpose is to empower underserved senior adults in Eastern NC through fulfilling unmet needs and creating opportunities for self-sufficiency.



Upper Coastal Plain



Assistance. Advocacy. Answers on Aging.
Serving Edgecombe, Halifax, Nash,
Northampton and Wilson Counties



COMPASS Services

COMPASS is an organization working in conjunction with the Area Agency on Aging to inform, advocate and plan for community services on behalf of disabled and older adults.

The COMPASS organization works with the AAA and advisory committees in each county to study the needs of older adults, family caregivers and the disabled and plan for services to meet those needs. The service goal is to enable disabled and older adults age 55 and better to live independently in their own homes. Services include:

- * Adult Day Care, Adult Day Health
- * Congregate & Home-Delivered Meals
- * In Home Respite for Family Caregivers
- * In-Home Aide
- * Transportation
- * Senior Center Operations
- * Legal Services
- * Affordable Housing
- * Information & Options Counseling
- * Advocacy for the needs of caregivers and older adults with media partners, legislators and the Senior Tar Heel Legislature.
- * Partnership with the AAA to lead regional planning efforts to develop programs and resources to meet the increased needs of the growing number of older adults in our service area.
- * Partnerships to provide education, training events and presentations on aging topics for older adults, caregivers and professionals.
- * Partnership with the Ombudsman Program to advocate for the rights of residents living in nursing homes and adult care homes and advocates against Elder Abuse.
- * Partnership with the Family Caregiver Support Program connects caregivers with community resources for education, support and respite.
- * Partnership with Health Promotions Programs to provides education for healthier life outcomes.
- * Partnership with The Local Contact Agency Program to educate residents in nursing homes about their options to transition out of the facility and return to community living.
- * Partnership with The Senior Community Service Employment Program (SCSEP), a community service and work-based training program for older workers.

Find COMPASS on Facebook at: The Center on Maintaining Preferred Aging Services & Solutions